

# Would you know if your dog suffered from noise anxiety?

By taking this test you will find out if noises are a problem for your dog.

## Signs of anxiety

Does your dog show one or more of these behaviours in noisy situations (any level of noise)? Select all that apply.



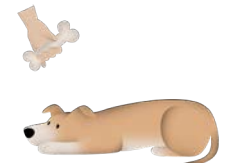
Panting



Trembling/shaking



Hiding



Refusing to eat



Vocalising



Yawning



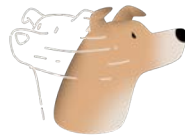
Cowering



Flattened ears and/or furrowed brows



Lip licking



Hypervigilant, looking in many directions



Owner seeking behaviour



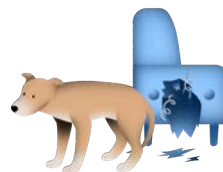
Restless pacing



"Whale eyes", wide eyes with white parts visible



Elimination in the home



Destructive behaviour



Elevated heart rate

Other (please specify): \_\_\_\_\_

# Noise triggers

Which of these provoke your dog's behavioural changes? Select all that apply.





 <input type="checkbox"/> Fireworks	 <input type="checkbox"/> Bin lorry/snow ploughs	 <input type="checkbox"/> Alarms/security system
 <input type="checkbox"/> Phone	 <input type="checkbox"/> Air conditioner/heater	 <input type="checkbox"/> Rescue vehicle sirens
 <input type="checkbox"/> Door bell	 <input type="checkbox"/> Celebrations/party noises	 <input type="checkbox"/> Motorcycles
 <input type="checkbox"/> Gun shots	 <input type="checkbox"/> Sporting events/festivals	 <input type="checkbox"/> Construction work
 <input type="checkbox"/> Vacuum cleaner	 <input type="checkbox"/> Home improvement	 <input type="checkbox"/> None of these
 <input type="checkbox"/> Thunder	 <input type="checkbox"/> Lawn equipment	 <input type="checkbox"/> Other (please specify) _____
 <input type="checkbox"/> Washer/dryer	 <input type="checkbox"/> Kitchen equipment	

## Frequency and recovery time

How often does your dog react to noise?

	<input type="checkbox"/> Daily
	<input type="checkbox"/> Weekly
	<input type="checkbox"/> Once or twice a month
	<input type="checkbox"/> Once or twice a year
	<input type="checkbox"/> Never

How long does it take for your dog to recover from a reaction to noise?

	<input type="checkbox"/> A day or more after the noise trigger stops
	<input type="checkbox"/> Several hours after the noise trigger stops
	<input type="checkbox"/> Within an hour after the noise trigger stops
	<input type="checkbox"/> Immediately after the trigger stops

**If you scored any other colour than green, discuss with your veterinary team about treatment options.**