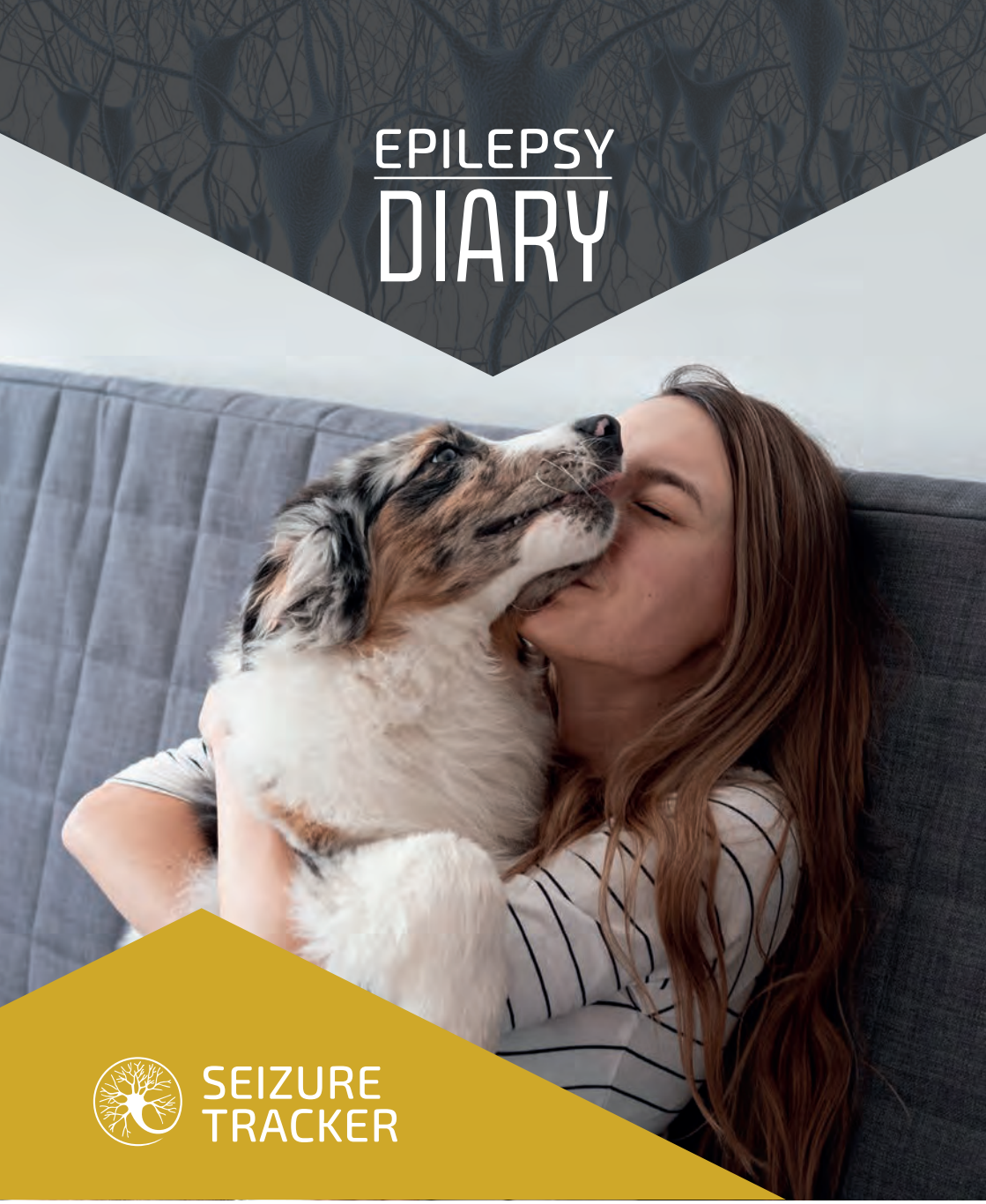
EPILEPSY DIARY



SEIZURE TRACKER

MY EPILEPTIC PET myepilepticpet.co.uk

DÔMES PHARMA

SEIZURE TRACKER

Owner's name:

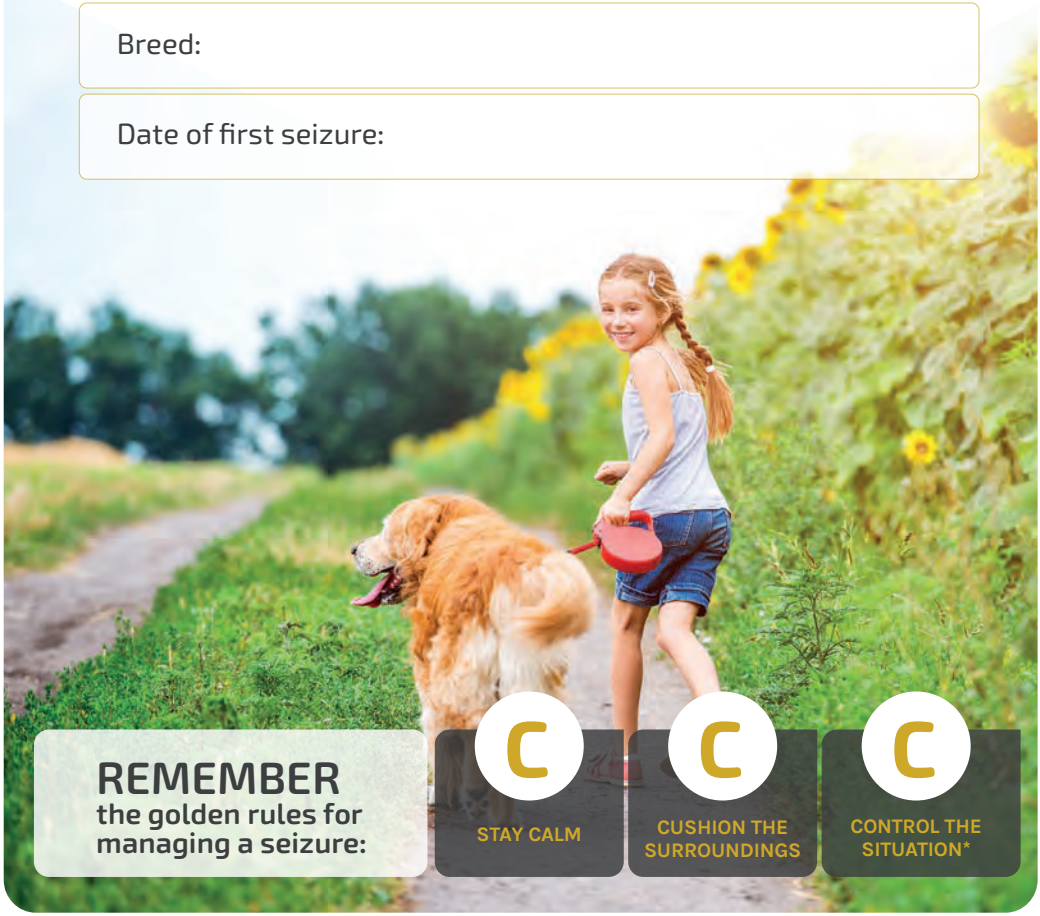
Name of pet:

Pet's date of birth:

Species: Dog ☐ Cat ☐

Breed:

Date of first seizure:



*If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.

Notes on completing this diary

It is important to keep a seizure diary in order to monitor your pet's epilepsy and spot any patterns.

PAGES 2–37 contain seizure tables for you to complete:

Date: to determine the frequency of seizures and spot any change

Seizure type: generalised or focal
Time and duration: to spot any pattern and any changes.

Recovery: the time it takes your pet to recover is just as important as describing the seizure itself.

Tick the applicable box using the following colour codes:

- **Very quick (1-15 minutes)**
- **Quick (15 minutes - 2 hours)**
- **Slow (2-24 hours)**
- **Very slow (1 or more days)**

Comments: use this space to record any other information about the seizure or recovery that you think may be important (e.g. behaviour before and after the seizure).

Current treatments: to help you monitor your pet's medication.

↕ Record the time passed between two seizures.

PAGES 38–41 contain graphs to help you monitor the seizures over time.

PAGES 42–43 contain tables for tracking your pet's weight.

YOU CAN ALSO FIND MORE INFORMATION ONLINE:
myepilepticpet.co.uk

Date of Seizure	**Time** of Seizure	**Duration** of Seizure	**Recovery** (Duration)	**Comments**	**Current treatments**
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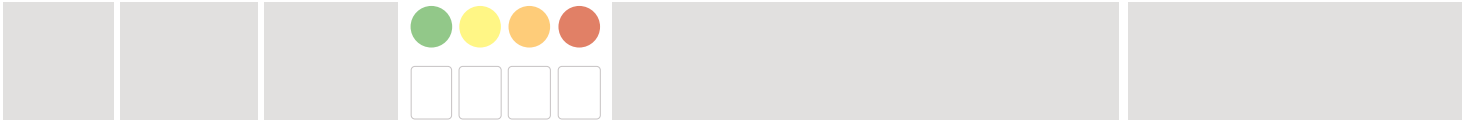

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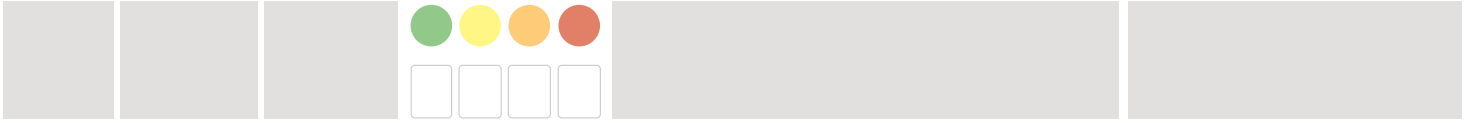

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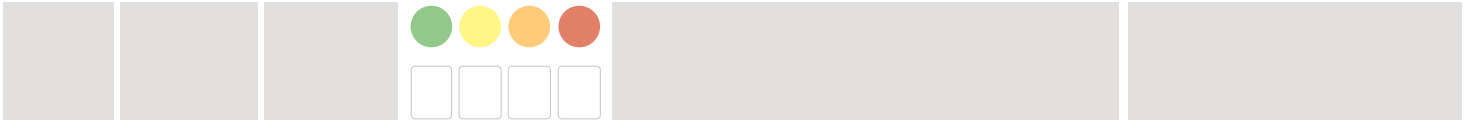

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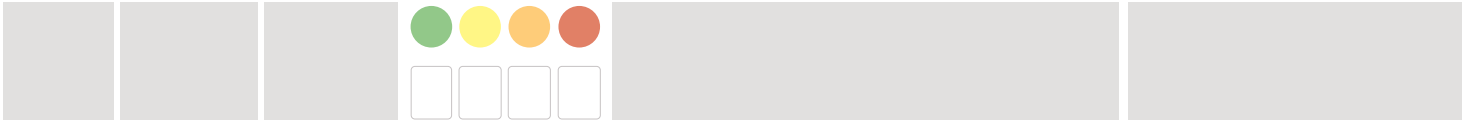

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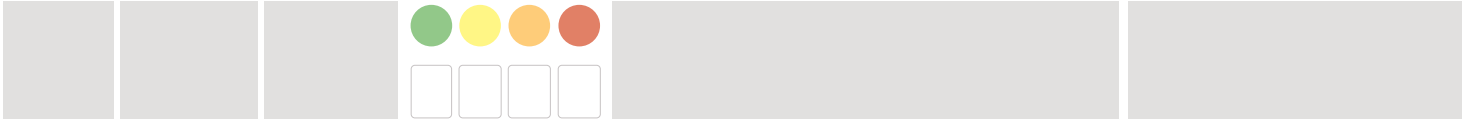

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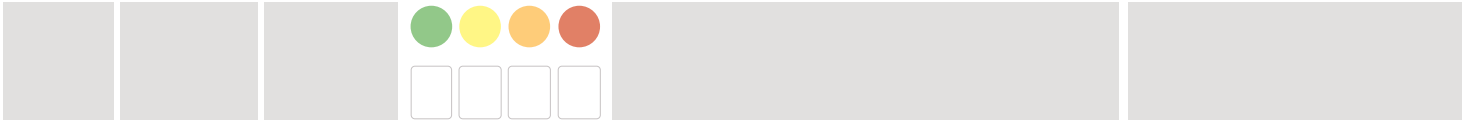

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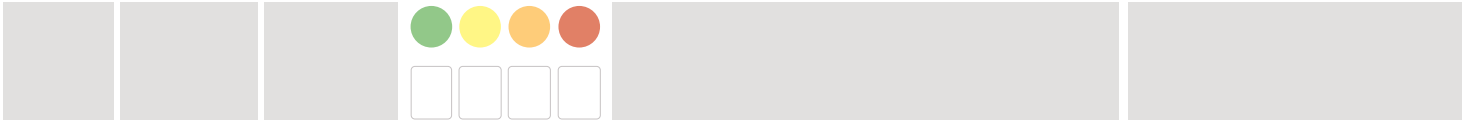

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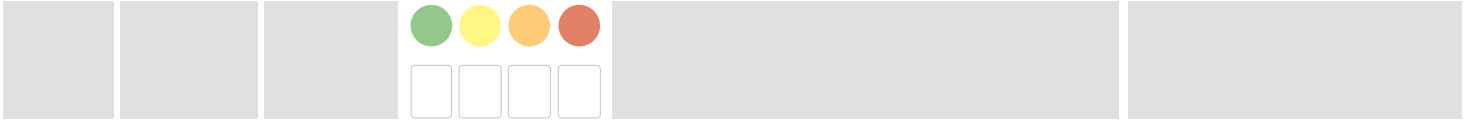

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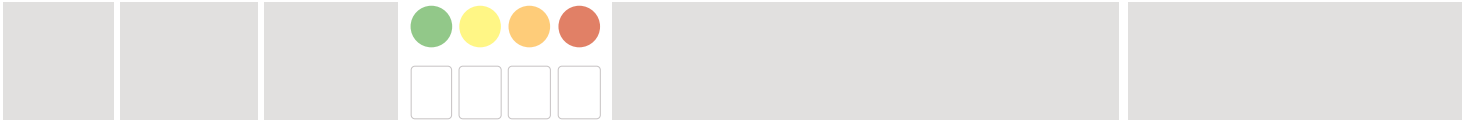

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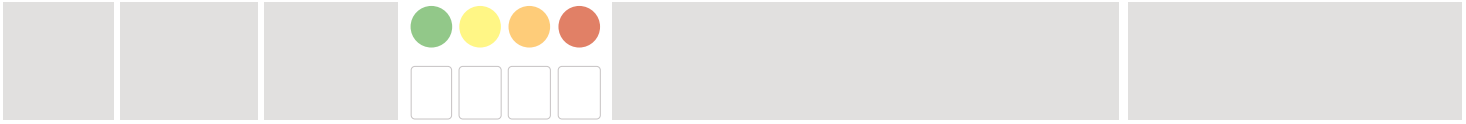

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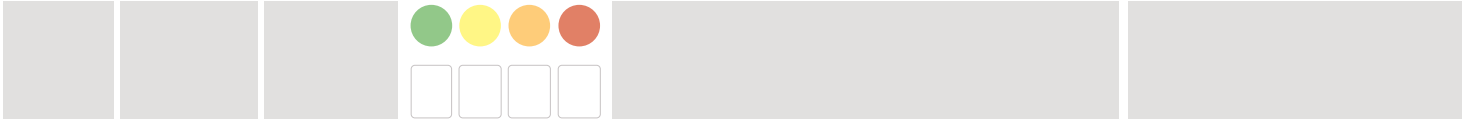

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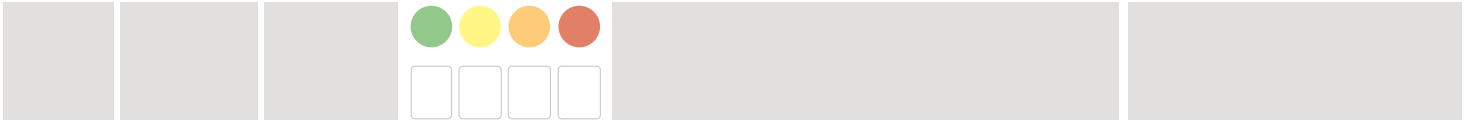

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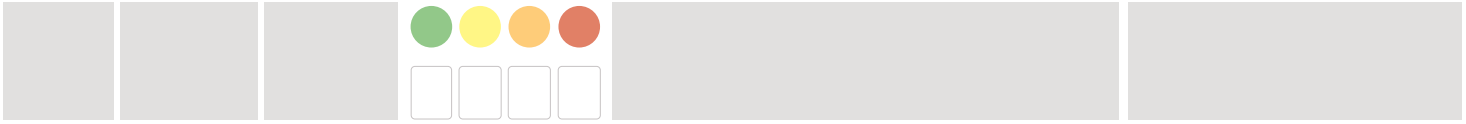

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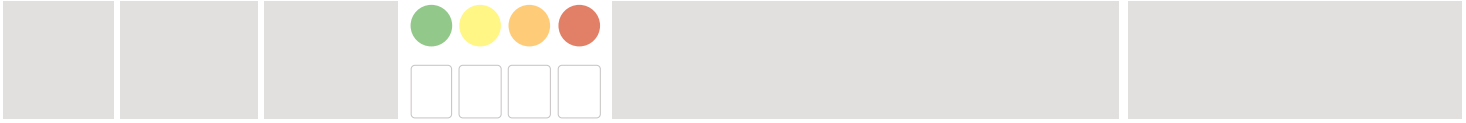

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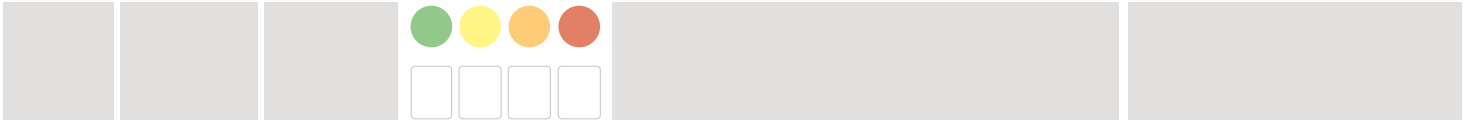

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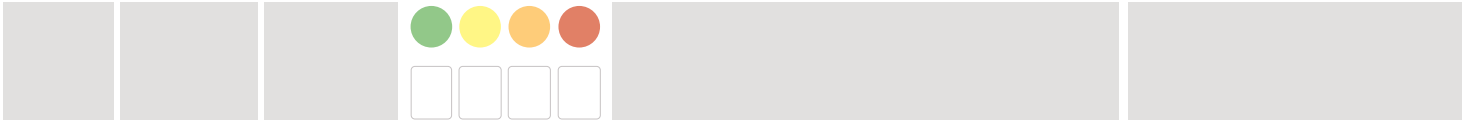

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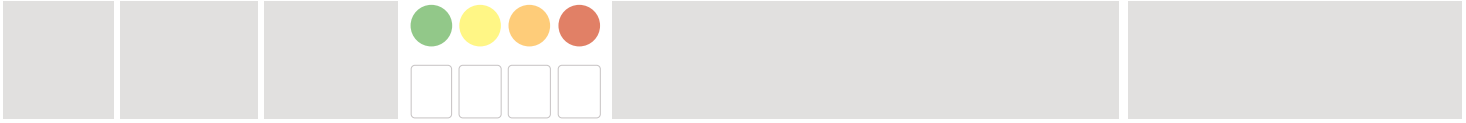

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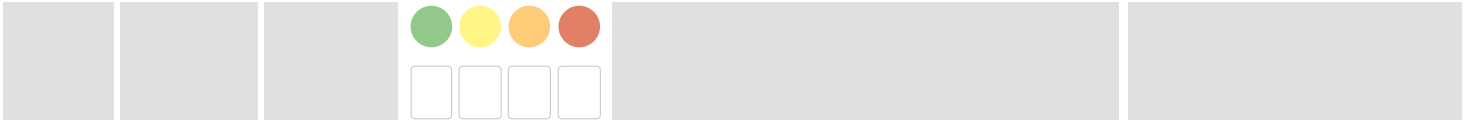

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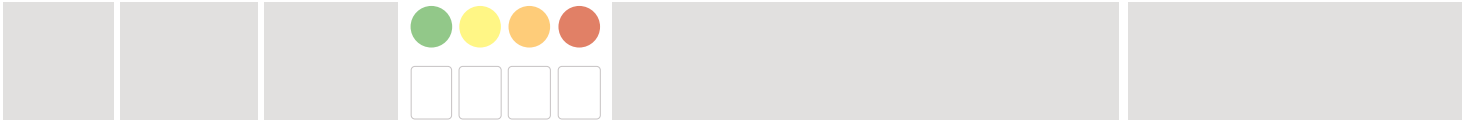

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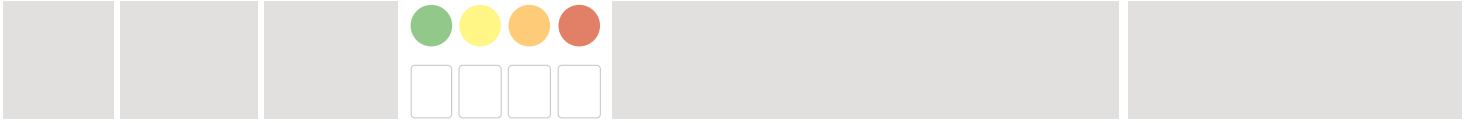

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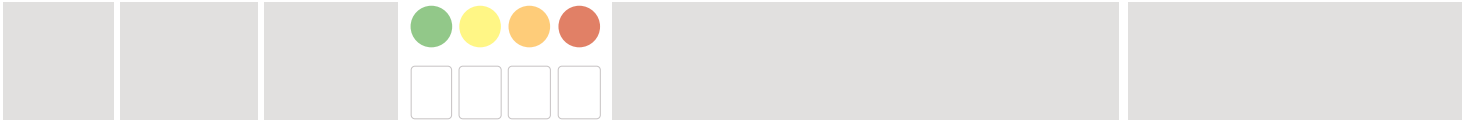

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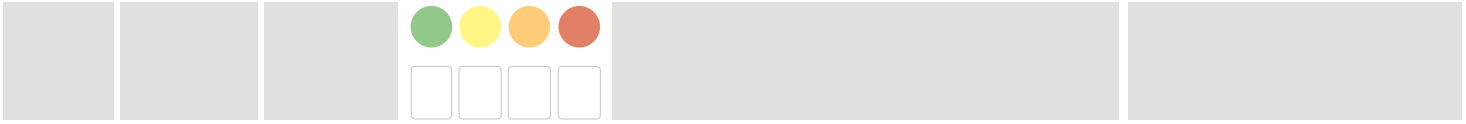

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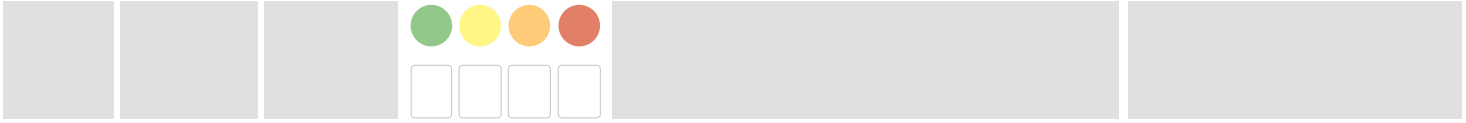

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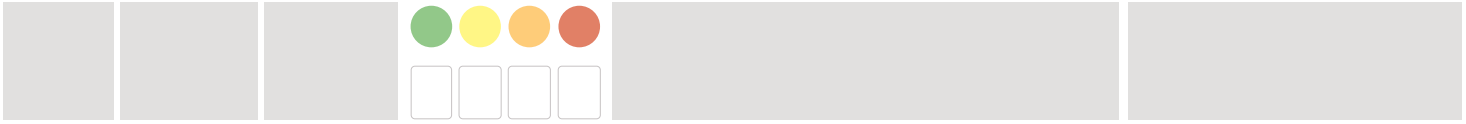

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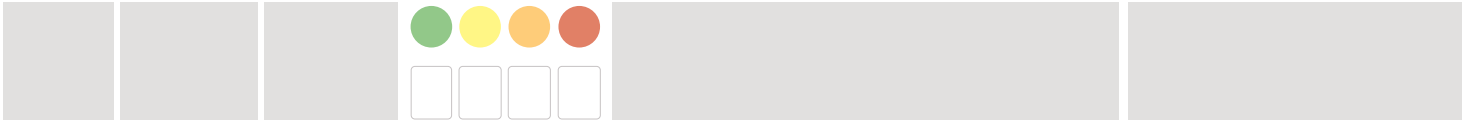

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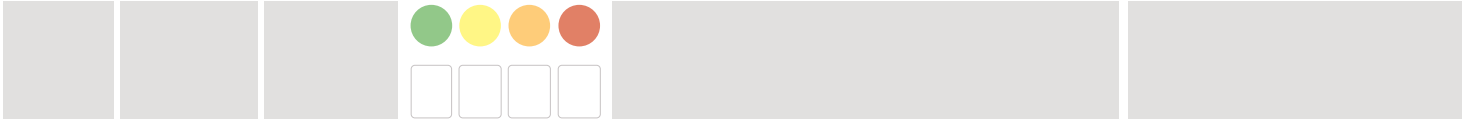

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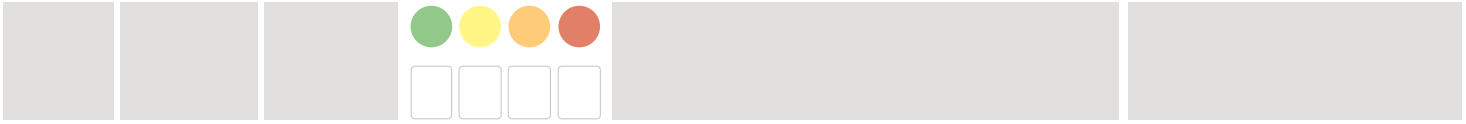

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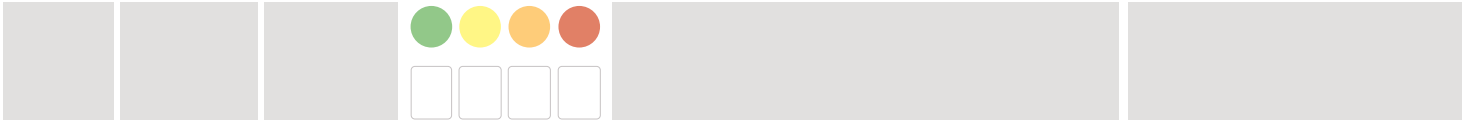

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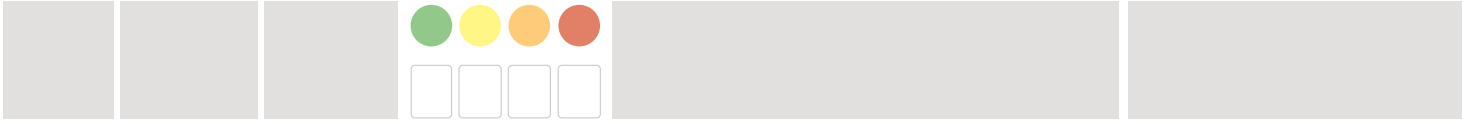

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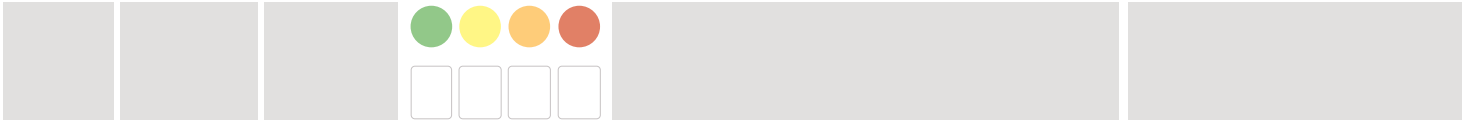

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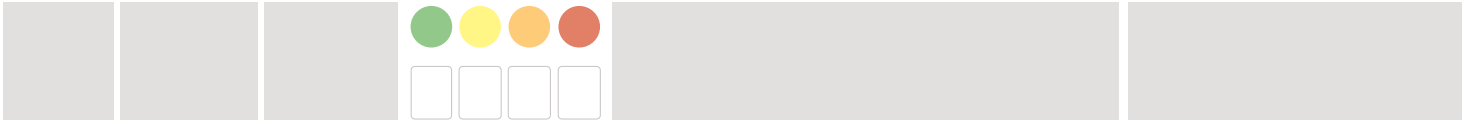

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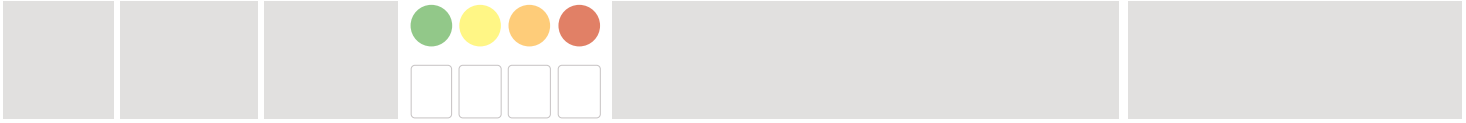

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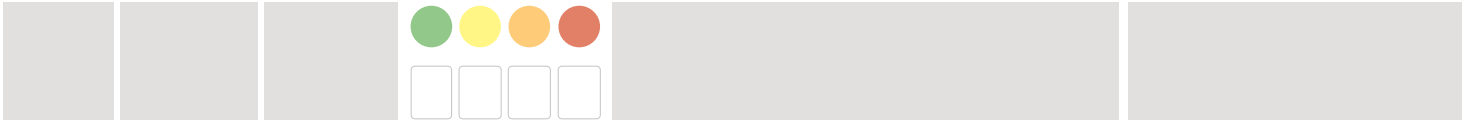

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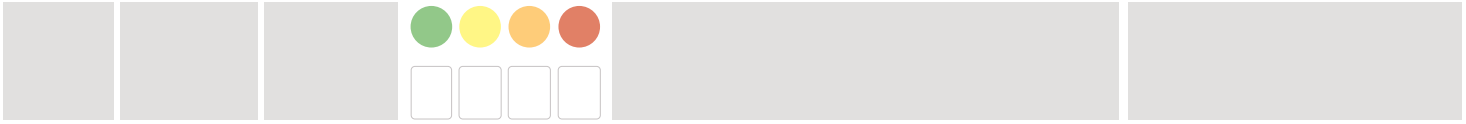

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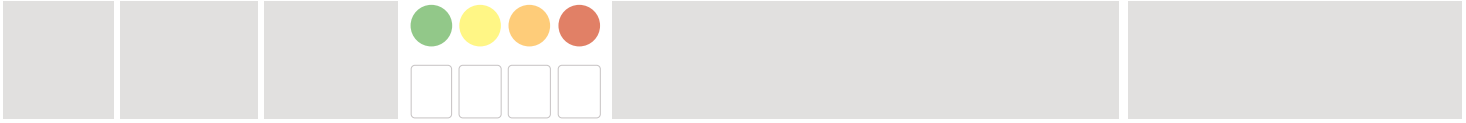

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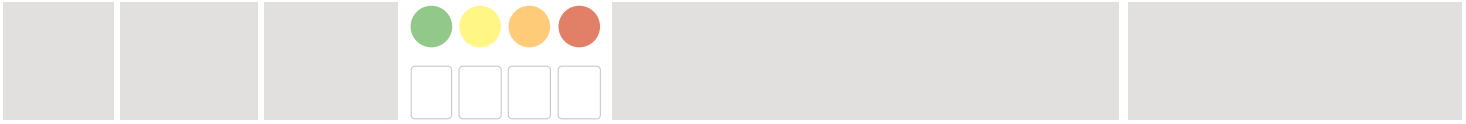

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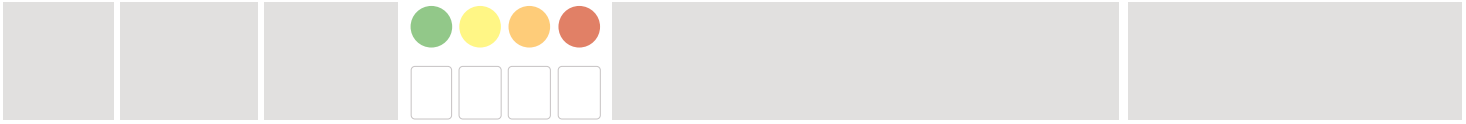

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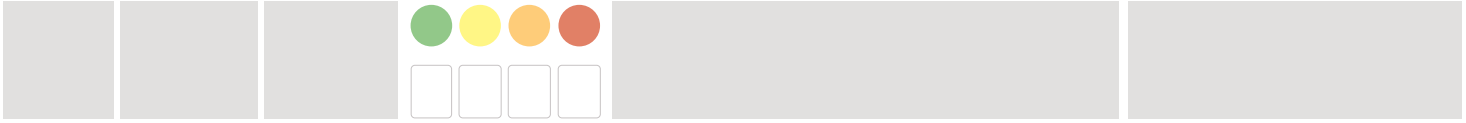

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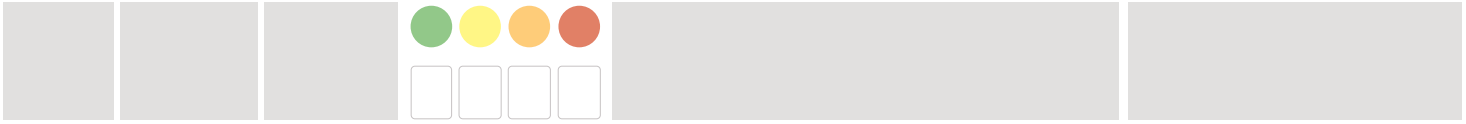

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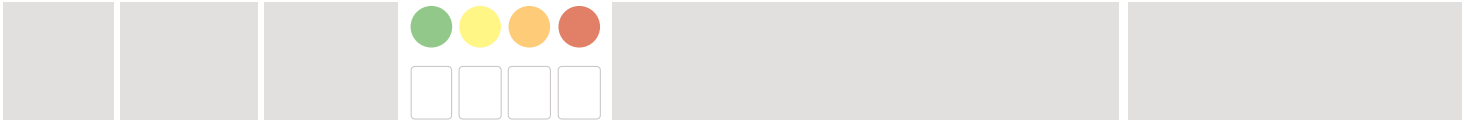

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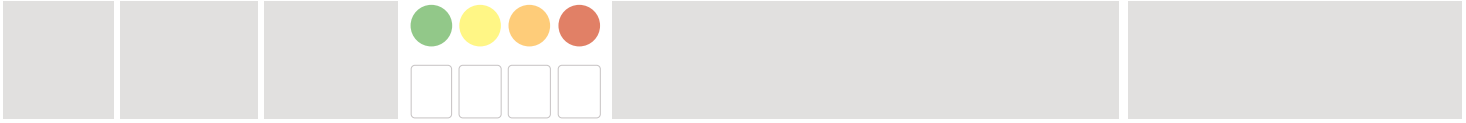

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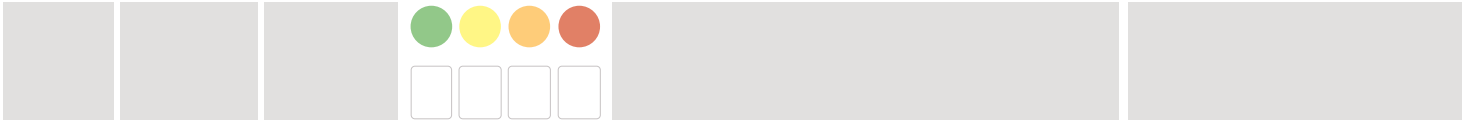

DATE	FURTHER COMMENTS (vet appointments, blood tests, diet etc.)

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	generalised/focal				Time since last seizure:
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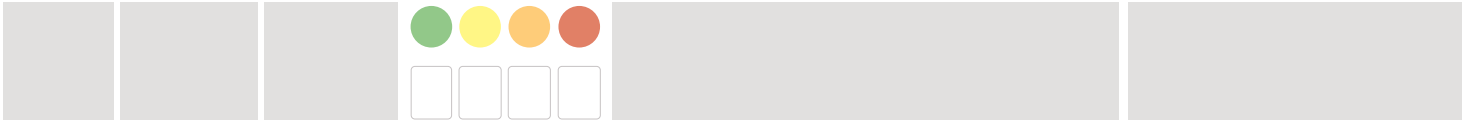

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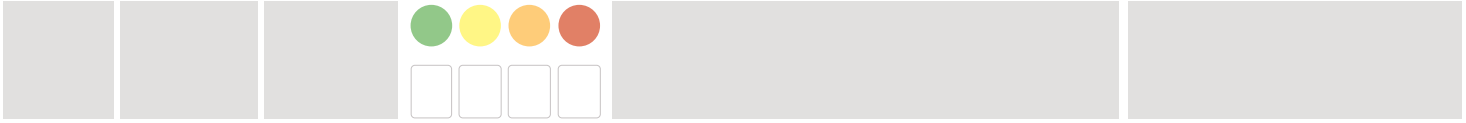

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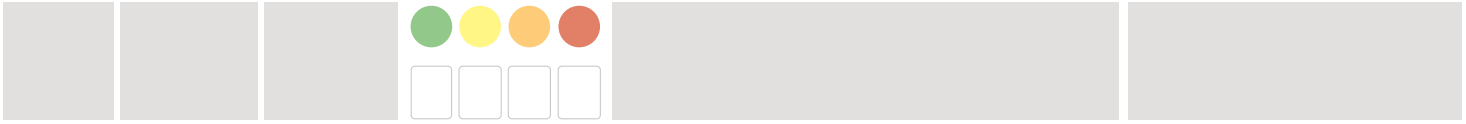

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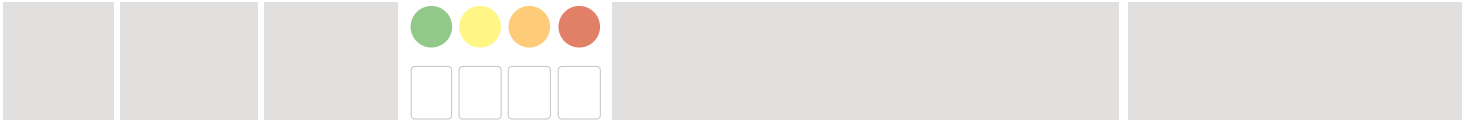

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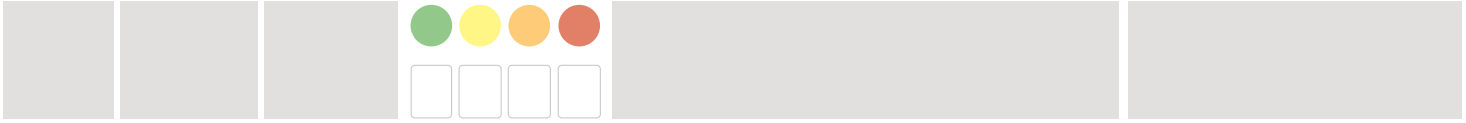

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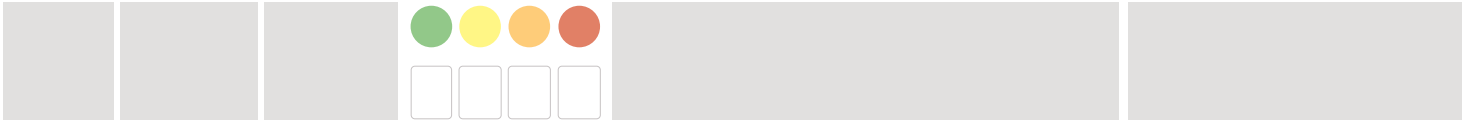

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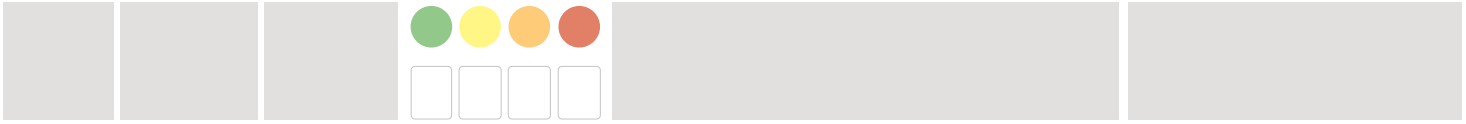

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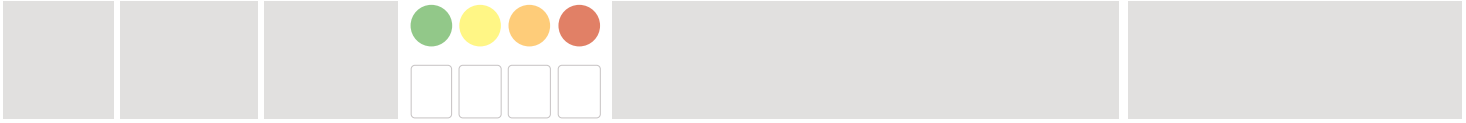

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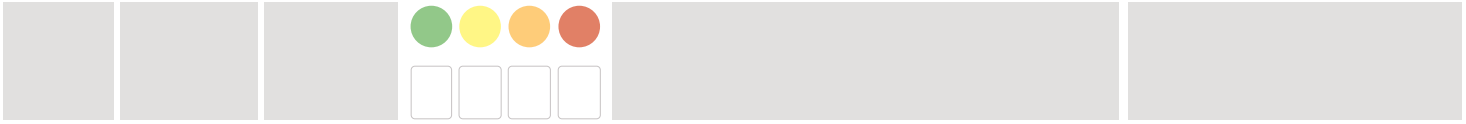

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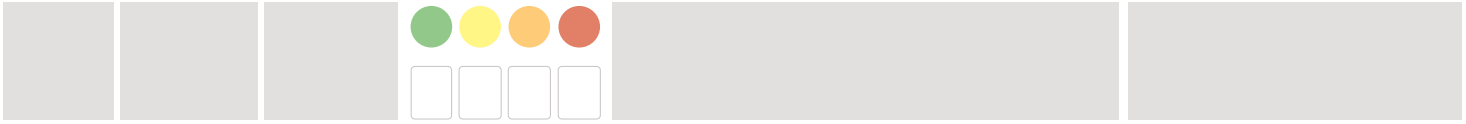

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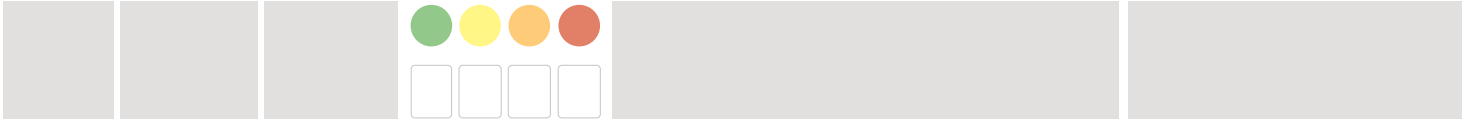

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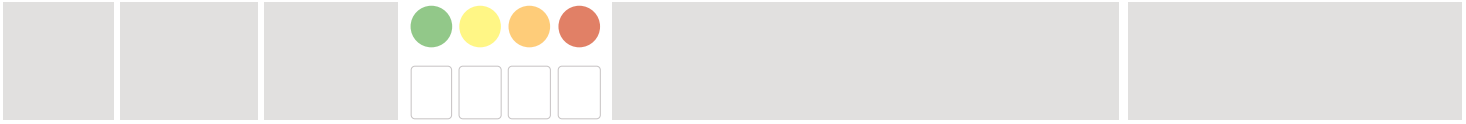

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SEIZURE OVERVIEW: YEAR 20_ _

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WEIGHT TRACKER

Epilepsy and anti-epileptic medication may have an effect on your pet's weight.
It is important to keep your pet at a healthy weight.

20_ _		20_ _		20_ _	
Date	Weight	Date	Weight	Date	Weight

20_ _		20_ _		20_ _	
Date	Weight	Date	Weight	Date	Weight

WHAT TO DO DURING A SEIZURE?

C

STAY CALM

The seizure should not last long and should stop by itself. Your pet is not suffering.

C

CUSHION THE SURROUNDINGS

Make sure your pet can't hurt themselves. Keep any children and other pets away.

C

CONTROL THE SITUATION

If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.

MY EPILEPTIC PET myepilepticpet.co.uk

DÔMES PHARMA

EPI-014-A5

For further information please contact Dômes Pharma. Dômes Pharma is the trading name of TVM-UK Animal Health Ltd, Kirtlington Business Centre, Slade Farm, Kirtlington, Oxfordshire, UK. OX5 3JA. Tel. 0800 0385868. Email help@domespharma.com